



# News

## MAY 2016

### CLUB OFFICERS

#### Executive Officers

President.....Lee Goodrich  
 Vice Pres.....MaryLou Koenig  
 Secretary.....Jerry Wennstrom  
 Treasurer..... Pat James

#### Board Members

Don Berg	Betty Day
Mary Dawson	Walt Hildebrand
Charlotte Huff	Sharon Martin
Ellen Shaw	

### Lee's Notes

Well, it seems like I just wrote one of these a few days ago but a month has already passed. April has been a busy month at the Senior Center. We've had



a lot of activities and are planning some new ones for May. Today was Volunteer Appreciation Day. I wish more of you could have attended. I greatly appreciate all the

volunteers at the center. We have a great team of Officers and Board members who are always willing to pitch in and help. The center could not exist without our volunteers. Thanks to you all.

*Lee Goodrich*

4<sup>th</sup> and Dennis Woitte will demonstrate how to make homemade noodles. We also have cinnamon rolls and Dutch babies scheduled.

### \$\$Bingo\$\$

The month of May will be the last month we will have bingo until the fall beginning in September. We hope you will come join us. The progressive pot is still growing; it is over \$300.00. So come take a chance, lots of fun and anticipation. Win it in 60 numbers or less. Price is still the same, 6 cards for \$5.00 or \$1.00 a card. Progressive sheets are \$1.00 a sheet must play at least 3 cards to be able to buy the progressive sheets. A Big thanks to Russ for calling and Tom for helping and all the great folks for helping with the tables and chairs. See you there.

June Krause

### Cooking Demonstrations

We have scheduled some cooking demonstrations at the Center. They will be held on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday' at 10:00 a.m. The first one will be on May

## Monday Movie

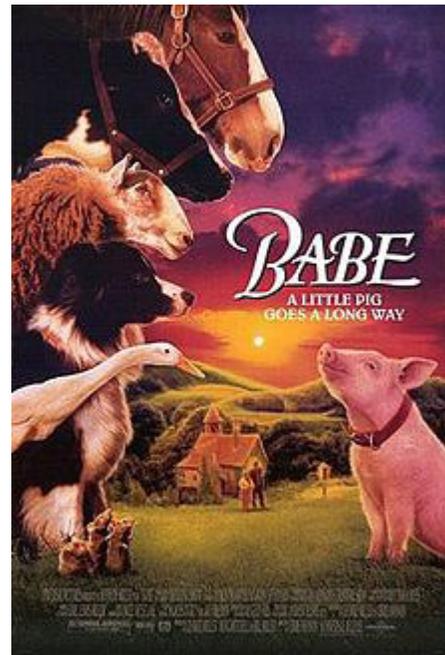
The movie this month is *Babe*. *Babe* is a 1995 Australian-American comedy-drama film directed by Chris Noonan, produced by George Miller, and written by both. It is an adaptation of Dick King-Smith's 1983 novel *The Sheep-Pig*, also known as *Babe: The Gallant Pig* in the USA, which tells the story of a pig who wants to be a sheepdog. The main animal characters are played by a combination of real and animatronic pigs and Border Collies.

After seven years of development, *Babe* was filmed in Robertson, New South Wales, Australia. The talking-animal visual effects were done by Rhythm & Hues Studios and Jim Henson's Creature Shop.

The film has received considerable acclaim from critics: it was nominated for seven Academy Awards including Best Picture, Best Director and Best Adapted Screenplay, winning Best Visual Effects. It also won the Golden Globe Award for Best Motion Picture – Musical or Comedy and the Saturn Award for Best Fantasy Film.

A 2 ½ minute video clip can be seen at: <https://www.youtube.com/watch?v=myyb4FUUMwI> You will need to enter the URL manually.

Homemade soup and bread will be available for \$2.00. Bring a friend and join us.



## April Trips

Our first trip in April was a tour of the Forest River RV plant here in Dallas. We started the day with lunch at either the Hong Kong Restaurant or Meals on Wheels at the Housing Authority. Then with time to spare we took a bus ride through the park and then past the site where the new Senior Center will be built. When I set up the tour I told them there would probably be around 6 to 8 of us. You could have knocked my socks off when we ended up with a group of 14! After we were all fitted out with safety glasses, the tour began. It was most interesting, starting with the first phase of seeing the walls being prepared, right up to the finished product. Unlike building a house where the walls are put up first and then the inside finished off, with an RV they do the inside work first (i.e. plumbing, electrical, flooring) and the walls go up last. They use an Oregon wood that has outgrown itself and is taking over valuable grassland in our state in part of the construction of their RV's. Do you know which tree that is? They also use space age materials in the construction of the RV's. We were told the average age of the workers was in the mid-20's. And, believe me,

you did not see any of them standing around talking. They were scurrying all over the place keeping busy. The tour took about 45 minutes with time for questions and a chance to inspect a finished RV, inside and out. They say a day is wasted if you do not learn something new. I think we all learned quite a lot that day. Oh, by the way, the Oregon wood they use is juniper. I want to thank Betty Day for suggesting this tour. Thanks Betty.

The second trip in April was to the Perrydale School for their annual Spring Fling senior luncheon and program. As before, we were served a very nice lunch by the older students, followed by a set of songs by the 2nd, 3rd and 4th grade students. Then we enjoyed a few games of a form of bingo. In our group, Sharon Martin won a prize of a potted plant. Very pretty. The students and staff do such a great job in putting on this event for us. They are to be congratulated for their hard work.

### MAY TRIP

On Friday, May 13th (yes, Friday the 13th) we will be going to Lincoln City for lunch, shopping and/or gambling at Chinook Winds. Your choice of what you want to do. The bus will leave the church parking lot at 10:00 a.m. Please be there 10 minutes early so we can count heads. The bus fee is only \$5. Lunch, shopping or gambling are on your own. If you have a Chinook Winds player's card, you will receive \$5 in free play and \$3 off food. They have 3 food places at the casino - a short order café behind the escalators on the main floor, the buffet and another very nice restaurant on the upper floor. Or you may want to go shopping and eat at the food court at the mall. I have posted the sign up sheet at the Senior Center. You will note that I have

included columns to indicate whether you already have a Chinook Winds player's card - or if you will need one. Depending on traffic that day, I hope to have us back in town about 5:00 p.m. Keep your fingers crossed for a beautiful day at the coast for us. See you on the 13th.

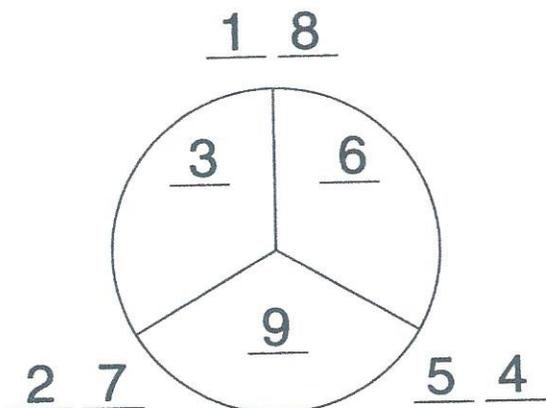
Helvi Ross

## Monthly Puzzle

At our March meeting several members indicated they would like to see a variety of items in the newsletter, including a puzzle if at all possible. Here is our first effort to satisfy that.

### Mister Digit Face

Place each of the digits 1 – 9, one digit per blank, so that the product of the two eyes equals the number above the head and the product of each eye and mouth equals the number on the respective side of the face. Did you figure this one out?



## LET'S WORK ON OUR

### ADOPTION !

As many of you know, and some may not, we (the DAS) have formally "adopted" a portion of the Rickreall Creek Trail. Our section runs from Walnut Street south and then east behind the Aquatic Center and under the LaCreole Street bridge. Well, it's time to do some "heavy lifting" and free some of the trees along the trail from the invasive English ivy. This is needed to keep the ivy from eventually choking and killing the trees.

We'll gather in the parking lot area of the Aquatic Center on **MAY 21<sup>ST</sup> AROUND 1:00 p.m.** and attack the weed. Bring your gloves, your old clothes, your friends, your neighbors, your kids, your grandkids and any stray folks you see wandering about. I'll contact the city and get some tools (clippers, axes, saws, wheelbarrows) but if you have some tools you like to work with, bring 'em along. We should be able to knock this out in a couple of hours and then be able to look on the area with proud eyes.

After this big push we'll have the area in pretty good shape and should be able to fulfill our adoptive role by taking a trash bag with us as we stroll the trail to pick up any trash and weeds that encroach on the sidewalk.

THANKS in advance to all for your help.  
Yer friendly trail tender,

Verlyn Ebert

## Weight Loss Support

### Group

Every Thursday at 6:00 p.m. some of us will be meeting for a weight loss support group. This is not affiliated with any weight loss program. We will be exploring different weight loss programs and viewing some exercise videos. If you have a few pounds to lose, (or like me, a lot of pounds), please join us for some fun and support

## Guthrie Park Music Jam

We will be taking a bus on Friday, May 27 to the Guthrie Park Music Jam. This will be a fun evening of music and merriment. Finger food snacks are welcome. The bus will leave at 6:15 p.m. A sign-up sheet will be on the bulletin board.

## Adult Coloring

We are going to have an adult coloring class at the Center. The library has been doing this for several months and it has been very successful. We will have this on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the month at 10:00AM. The first class will be on May 9<sup>th</sup>. All materials will be provided and there is no cost. Please join us for this relaxing activity.

**May 2016**

**DALLAS SENIOR CENTER**  
**955 SE Jefferson Street**

**Telephone 503-623-8554**

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	<b>2</b> 10:00 a.m. <b>DAS BOARD MEETING</b>  1 pm <b>Table games</b>  <i>Computer Class 3-5pm</i>	<b>3</b>  9:00 am <b>Arthritis Exercises</b>  10:00 am <b>Hearing Aid Service</b>  10:00-3:00 Crafts	<b>4</b> <b>Cooking Demonstration 10:00AM</b>  1:00 pm <b>Pinochle &amp; Mah Jong</b>	<b>5</b> 9:00am Arthritis Exercise  <b>1:00 pm ♠♥Bridge♦♠</b>  Wt Loss Support 6:00PM	<b>6</b>  12:30 pm <b>Pinochle</b>  <b>Bingo 6:30 pm</b>	<b>7</b>
8	<b>9</b> 10:00AM <b>Adult Coloring</b>  1 pm <b>Table games &amp; Duplicate Bridge</b>  <b>Karaoke 6-9PM</b>	<b>10</b>  9:00 am <b>Arthritis Exercises</b>  10:00 am <b>Hearing Aid Service</b>  1:00PM Bunco	<b>11</b>  1:00 pm <b>Pinochle &amp; Mah Jong</b>	<b>12</b>  9:00 am <b>Arthritis Exercises</b>  <b>1:00 pm ♠♥Bridge♦♠</b>  6:00PM Wt Loss Support	<b>13</b>  10:00 am <b>Chinook Winds Casino</b>  12:30 pm <b>Pinochle</b>	<b>14</b>  <b>11:30 am General Meeting</b> <b>12:00 Noon Potluck</b>  <b>Prizes Furnished</b>
15	<b>16</b> <b>9:30AM Free Movie &amp; popcorn Soup and Bread \$2.00</b>  1:00 pm <b>Table Games</b>  <b>Computer Class 3-5PM</b>	<b>17</b>  9:00 am <b>Arthritis Exercises</b> 10:00 am <b>Hearing Aid</b>  <b>Crafts 10-3pm</b>	<b>18</b> <b>Cooking Demonstration 10:00AM</b>  1:00 pm <b>Pinochle &amp; Mah Jong</b>	<b>19</b>  9:00 am <b>Arthritis Exercises</b>  <b>10:00 Writing group</b>  <b>1:00 pm ♠♥Bridge♦♠</b>  6:00PM Wt Loss Support	<b>20</b>  12:30 pm <b>Pinochle</b>  <b>Bingo 6:30 pm</b>	<b>21</b>  <b>Rickreall Creek Trail Clean-up 1:00-3:00 pm</b>
22	<b>23</b> Adult Coloring 10:00am  1:00 pm <b>Table Games &amp; Duplicate Bridge</b>  <b>Karaoke 6-9PM</b>	<b>24</b>  9:00 am <b>Arthritis Exercises</b>  10:00 Hearing Aid  1:00PM Bunco	<b>25</b>  1:00 pm <b>Pinochle &amp; Mah Jong</b>  <i>Leopard Chick Practice 5:00PM</i>	<b>26</b>  9:00 am <b>Arthritis Exercises</b>  1PM <b>♠♥Bridge</b>  <b>Music Jam 6:30PM</b>	<b>27</b>  12:30 pm <b>Pinochle</b>  <b>Guthrie Park Jam</b> <b>Bus leaves at 6:15PM</b>	<b>28</b>
29	<b>30</b>  <b>Center will be closed for Memorial Day</b>	<b>31</b>  9:00 am <b>Arthritis Exercises</b>  10:00 am <b>Hearing Aid</b>	<b>June 1</b>  1:00 p.m. <b>Pinochle &amp; Mah Jong</b>	<b>2</b> 9:00 am <b>Arthritis Exercises</b>  <b>1:00 pm ♠♥Bridge♦♠</b>  6:00PM Wt Loss Support	<b>3</b>  <b>10:AM Activity Meeting</b>  12:30 pm <b>Pinochle</b>	<b>4</b>

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**DALLAS AREA SENIORS  
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