



# News

## JULY 2014

### CLUB OFFICERS

#### Executive Officers

President.....Judy Reid  
 Vice President.....June Krause  
 Secretary.....Sandra Marttinen  
 Treasurer..... Verlyn Ebert

#### Board Members

Anona Hamilton	Fred Hardin
Walt Hildebrand	Cecil Maginn
Blanche Pryor	Helvi Ross
Ellen Shaw	

## Reid's Ramblings

Hi everyone, hope you are all having a nice summer.



We have a new class starting on July 9th at 10:00 am until 11:30 am; it will run for 4 weeks. It's a health and beauty

seminar, the cost is \$3.00 per class. It is a class to increase quality of life for everyone. Step out and give yourself permission to enjoy your life.

the class will be taught by Madison Rothchild, she is a graduate of the National Health Care Institute of Nutrition, Herbology and Massage in Salem. She has been in health care

for 21 years and worked with a number of Oregon doctors and chiropractors.

Please sign up for this great class; it is limited to 12 people. The sign-up sheet will be on the bulletin board. You can call and register or come in person.

Also don't forget the writing group is meeting on July 10th and August 14th. The summerfest will be on July 24, 25, 26. We will be serving hotdogs, chili dogs, and strawberry shortcake on the 25th and 26th from 11am to 3pm. We are also decorating a float for the parade. Sandy Marttinen is the chairperson; let her know if you can help. Don't miss out on all the fun.

Judy

## July Trip

Our trip for July is going to be a mystery trip. So there isn't much I can tell you. I can give you the following information: the trip will be on Friday, July 18th. The bus will leave the church parking lot at 11:00 AM. Please be there by 10:50. Thanks. The bus fee is \$5. Lunch will be on your own at a family restaurant.

Wear casual clothing and comfortable shoes. If it is a very warm day, bring something to wear such as a cap or hat for your head. After lunch we will be outside and be doing a bit of walking. But it will be fun. Sign up sheet is posted on the bulletin board at the Senior Center. Sign up if you want to join us because I'm not talking.

Helvi Ross

## Monday Movie

The movie this month is "Yankee Doodle Dandy," a film of the life of the renowned musical composer, playwright, actor, dancer and singer George M. Cohan. The movie stars James Cagney, Joan Leslie and Walter Huston.

As in past years there will be free popcorn. After the movie you can enjoy homemade soup and bread for only \$2.00. What a deal.

(Editor's note: every effort will be made to have someone present who knows how to play a DVD on our TV.)



## Mardi Gras

### Masquerade

Dallas Senior Center members will have a float in the Summerfest parade. Russ Thommen has generously donated the use of his trailer and will also drive the truck to haul it. Sandy Marttinen is in charge of creating the float and is looking for volunteers to help decorate it. Kermit Bail is in charge of providing music. President Judy Reid will represent the seniors by riding on a "royal throne" and wear a Mardi Gras crown.

Anyone who would like to ride on the float or help decorate it should sign up on the bulletin board at the Center.



July 2014

DALLAS SENIOR CENTER  
955 SE Jefferson Street

Telephone 503-623-8554

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Crafts 10:00am – 3:00pm  9:00 a.m. Arthritis Exercises  10:00 a.m. Hearing Aid Service	<b>2</b>  1:00 p.m. Pinochle & Mah Jong	<b>3</b> 9:00 a.m. Arthritis Exercises 10:00 a.m. <i>Activity Meeting</i>  1:00 p.m. ♣♥Bridge♦♠	<b>4</b> Independence Day  SENIOR CENTER CLOSED	<b>5</b>
<b>6</b>	<b>7</b>  1 pm Table games	<b>8</b> 9:00 a.m. Arthritis Exercises 10:00 a.m. DAS BOARD MEETING 10:00 a.m. Hearing Aid Service  1 pm Bunco	<b>9</b> Health & Beauty Seminar 10-11:30  1:00 p.m. Pinochle & Mah Jong	<b>10</b> 9:00 a.m. Arthritis Exercises 1:00 p.m. ♣♥Bridge♦♠ Writing Group 10:00 - Noon	<b>11</b> 10:30 a.m. Spirit Mountain Casino  12:30 p.m. Pinochle	<b>12</b> 11:30 a.m. <i>General Meeting</i> 12:00 Potluck  B-I-N-G-O White Elephant
<b>13</b>	<b>14</b> 1:00 p.m. Table Games & Duplicate Bridge	<b>15</b> 9:00 a.m. Arthritis Exercises 10:00 a.m. Hearing Aid Service 10:00 - 3:00 p.m. CRAFTS	<b>16</b> Health & Beauty Seminar 10-11:30  1:00 p.m. Pinochle & Mah Jong	<b>17</b> 9:00 a.m. Arthritis Exercises  1:00 p.m. ♣♥Bridge♦♠	<b>18</b> 12:30 p.m. Pinochle  <i>Mystery Trip Bus leaves at 11:00 am</i>	<b>19</b>
<b>20</b>	<b>21</b> 9:30 a.m. Free Movie & Popcorn <i>Soup &amp; Bread Lunch \$2.00</i>  1:00 p.m. Table Games	<b>22</b> 9:00 a.m. Arthritis Exercises  10:00 a.m. Hearing Aid Service  1 pm Bunco	<b>23</b> Health & Beauty Seminar 10-11:30  1:00 p.m. Pinochle & Mah Jong	<b>24</b> 9:00 a.m. Arthritis Exercises  1:00 p.m. ♣♥Bridge♦♠	<b>25</b> 12:30 p.m. Pinochle  Summer Fest Lunch 11-3	<b>26</b>  Summer Fest Lunch 11-3
<b>27</b>	<b>28</b> 1:00 p.m. Table Games & Duplicate Bridge	<b>29</b> 9:00 a.m. Arthritis Exercises  10:00 a.m. Hearing Aid Service	<b>30</b> Health & Beauty Seminar 10-11:30  1:00 p.m. Pinochle & Mah Jong	<b>31</b> 9:00 a.m. Arthritis Exercises  1:00 p.m. ♣♥Bridge♦♠	<b>1 August</b>  10:00 a.m. <i>Activity Meeting</i>  12:30 p.m. Pinochle	<b>2</b>