



Saturday, April 27th

Arbor Day Celebration

9-11am Ivy Removal in Dallas City Park

Meet near the restrooms on Branvold Dr. Bring gloves and a water bottle - we'll bring the rest!

10am-12pm Forest Therapy (Session 1) at the Delbert Hunter Arboretum

Forest Therapy, also known as Forest Bathing, is a deeply relational practice that offers the time and space to reconnect with ourselves, and with the other-than-human world. Forest Therapy is for those with bodies, minds, hearts, and spirits that need tending. For ages 12 and up, minors must be accompanied by an adult. Registration is required (503-831-2830 or Jennifer.Ward@dallasor.gov).

12-1pm The Need for Trees Guided Walk through Delbert Hunter Arboretum

Try out our new TRACK Trails activities with Parks and Recreation Manager, Jennifer Ward. For ages 6-10, children must be accompanied by an adult.

1-3pm Forest Therapy (Session 2) at the Delbert Hunter Arboretum

For ages 12 and up, minors must be accompanied by an adult. Registration is required (503-831-2830 or Jennifer.Ward@dallasor.gov).



This project is supported with funding from Oregon Community Trees